

Zuerich hilft der Ukraine **ZhdU**

Zürich, Winter 2025-2026



The background image shows a warehouse or industrial setting. In the foreground, there are several pallets stacked high with boxes, some wrapped in clear plastic. A worker in a grey shirt and khaki pants is standing near a forklift, which is also loaded with boxes. Another worker in a blue shirt is visible in the background, working on a truck. The entire image has a blue tint. The text is overlaid on the left side of the image.

Our Mission, Vision and Milestones
Our Projects
The Team
How YOU can help
Media & Contact

Our Mission

Sustainable, reliable humanitarian support to the Ukrainian healthcare system and population



Our Vision

- ♥ Bring a bit of Ukraine to Switzerland:
 - entrepreneurial spirit
 - desire to improve
 - ingenuity and flexibility
- ♥ Bring a lot of Switzerland to Ukraine:
 - medical supplies
 - electronics and furniture
 - expertise and knowledge

The truck goes one way, the love goes both ways



Our Milestones

Secure, reliable transports of valuable humanitarian aid in partnership with the Ukrainian Embassy in Switzerland.



Proud awardee of the Order of St. Panteleimon (2024)



Die Botschaft der Ukraine
in der Schweiz



>125 participants
took part in our team
building activities



1 physiotherapist
planned for a study trip in
Switzerland



CHF 4'000'000
worth of humanitarian aid
delivered directly in Ukraine



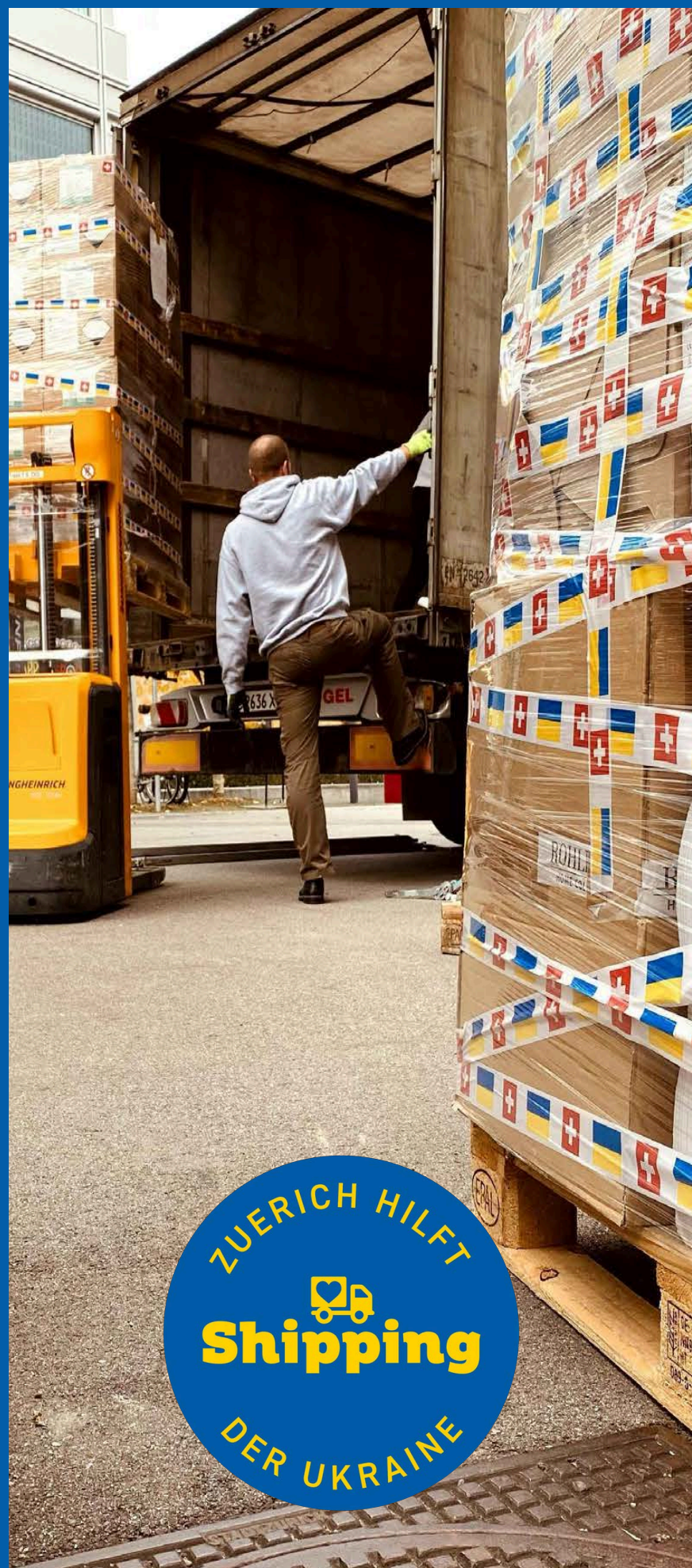
> 560 packages
sent to parents of
premature children



> 1100 kits
for blood transfusion sent
to frontline regions

Our Projects

For institutions



Fundraisers



For institutions



Safe transport of humanitarian aid to Ukraine

Upgrading, relocating, or restructuring your institution? Instead of disposing or recycling surplus equipment, **ZhdU** makes it effortless to donate it to Ukrainian institutions (hospitals, universities, orphanages and the likes). We handle matching, logistics, and transport **at zero cost to you.**

Examples of high impact donations

[hospital beds](#)

[On shoes](#)

[Sensopro](#)

All of our transports are made in collaboration with the Ukrainian embassy in Switzerland for full transparency.



5-steps is all you need to turn unused assets into meaningful impact.

For institutions



Our mission aligns with 6 UN SDG Goals



Donating made easy

1

You: Identify Surplus Equipment

Corporations often have surplus equipment they no longer need due to upgrades, relocations, or reorganizations. Disposing of it can be costly and wasteful.

2

You: Provide a Detailed Inventory

List the description, **quantity**, **weight**, and **surface area** of the available items. This helps us assess and match them efficiently.

3

ZhdU: Finds the Right Beneficiary

We activate our extensive network across Ukraine to find a suitable beneficiary. Whether the equipment is used, refurbished, or new, we ensure it reaches those in need.

4

ZhdU: Organizes the Transport

Once a recipient is confirmed, we handle transport directly from your institutions (for large shipments) or arrange free pick-up for smaller but valuable batches.

5

You: Make a Meaningful Impact!

By donating, you contribute to a sustainable and humanitarian cause, avoiding waste and directly supporting Ukrainian institutions —**all at no cost to you!**

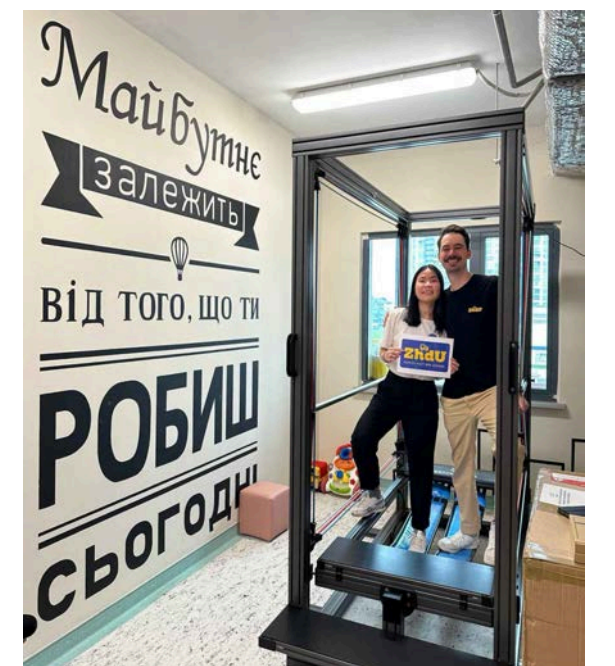
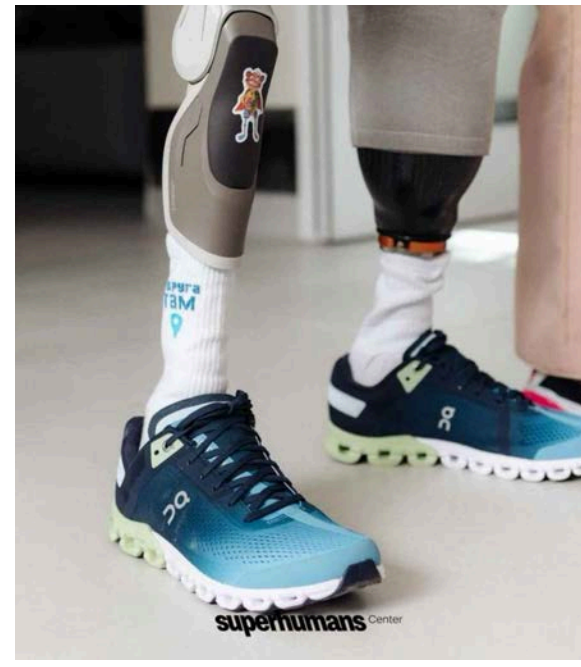
Because doing good should be **simple, sustainable, and rewarding.**

in collaboration with the Ukrainian embassy in Switzerland



For institutions

From donor to beneficiary it takes an uninterrupted chain of 50 people to successfully deliver goods from Switzerland to Ukraine.



For institutions

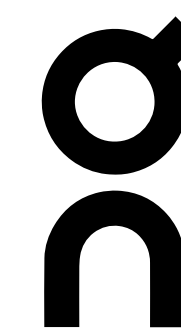


Corporate sponsorship

Empowering Amputees Through Partnership with On and Superhumans

- **Three years of collaboration:** providing specialized footwear to every patient at Superhumans Rehabilitation Center in Western Ukraine since 2022.
- **Supporting Amputees:** High-quality, adaptive shoes help war-injured patients take their first steps toward independence.
- **Swiss-Ukrainian Connection:** A testament to **ZhdU**'s mission of bridging Swiss expertise with urgent needs in Ukraine.

in collaboration with



superhumans Center

For institutions



A Corporate Experience That Saves Lives

Strengthen your team while equipping real first responders in Ukraine.

Our Team Building experience engages your employees in assembling NATO-standard Individual First Aid Kits (IFAKs): life-saving equipment used by **firefighters**, **ambulance crews**, and **emergency responders** in Ukraine.

The IFAKs your team builds are shipped directly to the field, where they can literally give someone a "second birthday": the day they survived.

"It was a pleasure working with **ZhdU**'s team for the volunteering activity we organised at On. Matteï and his team were very responsive, professional and reliable. The sessions were well-organised, informative and fun. Our participants really enjoyed the activity, and already look forward to the next one!"

Arielle Wat
Social Impact Partnerships (EMEA)
On



Fundraiser



Gift a bundle of warmth this winter

the consequences of the war have led to an increase in premature births and complicated deliveries. These babies need special care, especially during the difficult winter months. Their parents depend on heartwarming support and solidarity.

For as little as CHF50, you can help a premature newborn in Ukraine survive the winter with our ready made bundle.



More than 560 packages delivered since 2022

in collaboration with



Fundraiser



Learn in Switzerland, teach in Ukraine

Rehab Bridge supports Ukrainian healthcare professionals by enabling hands-on learning opportunities in Switzerland.

We are currently fundraising **CHF1,500** for Liudmyla Basenko (PhD):



- **Physiotherapist** with 10 years of experience, specialised in neurodivergent children
- Member of the **national working group** on care standards for children with neurodevelopmental disorders
- Lecturer in Physiotherapy at **Khmelnytskyi University**

Her planned study visit at **Kinder Reha Schweiz** (near Zurich) in **Summer 2026** will allow vital expertise to flow back to Ukraine.

Building a community of Rehabilitation Excellence



UKRAINIAN
PHYSICAL
THERAPISTS
ASSOCIATION



UNIVERSITÄTS-
KINDERSPITAL
ZÜRICH
Kinder-Reha Schweiz



PATIENTS
OF UKRAINE

Fundraiser



Blood transfusion kits

In many frontline areas, blood products are scarce, transport is dangerous.

Extra Life's kits, assembled by FARMA in Kyiv offer a backup transfusion option when no other lifeline exists and provide essential training that ensures medics are ready for emergencies.

The kits contain a donor and a recipient module and are used both in real emergencies and in specialized training for medical personnel.

But many of the kit's critical components cannot be sourced inside Ukraine. This is where **Extra Life** steps in. Our mission is simple:

CHF 50 = One Life Saving Contribution

Thanks to Swiss donors, **ZhdU** has already contributed essential components used in **1,100 kits** now deployed across Ukraine; from frontline units to emergency medical training centers.

a collaboration between



The Team: 6 Board members



Paul Müller

Logistics

Co-President **ZhdU**

Shipping (CH)



Matteï Batruch

Medical doctor

Co-President **ZhdU**

Shipping (UA)

Team Building

Rehab Bridge



Sandra Lang

Social Scientist

Finances **ZhdU**



Yasmin Urbani

Project manager

Project management **ZhdU**

Extra Life



Lita Nguyen

Project manager

Project management **ZhdU**

Fit for Winter



Tizoc Flores

Business developer

Communications **ZhdU**



Award winning NGO



Volunteering in Ukraine since 2015



>CHF4'000'000 shipped to Ukraine since 2022



Officially endorsed by the Ukrainian embassy in Switzerland



Proven track record of collaborating with Swiss corporations

2 advisors and many volunteers



**Christine
Hawrylyshyn - Batruch**

Sustainability expert

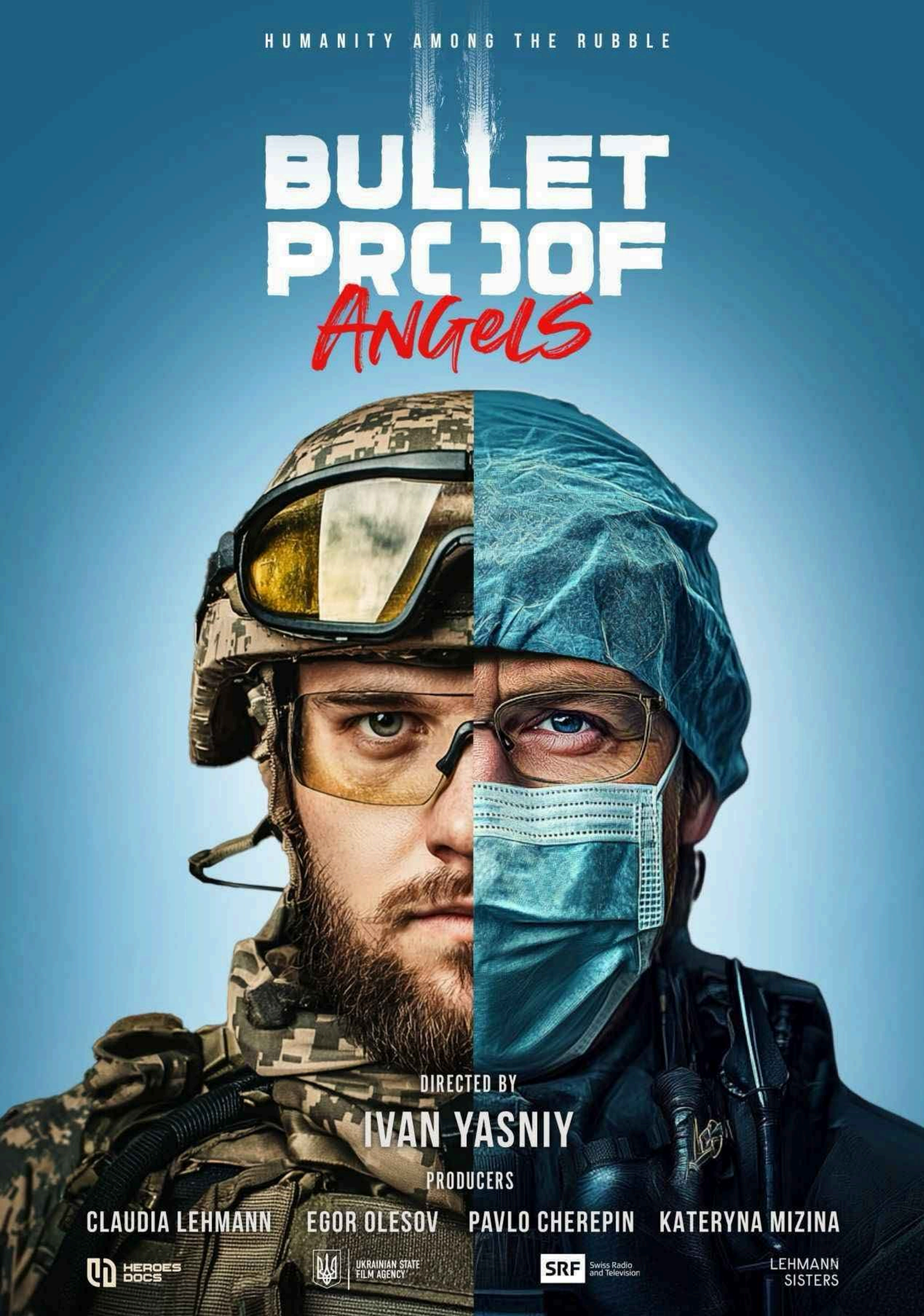
Advisor to the Board **ZhdU**



**Dr. med.
Conrad Müller**

Pediatric surgeon

Advisor to the Board **ZhdU**



ZhdU on TV: Bulletproof Angels

Every link in the healthcare and humanitarian chain matters. From frontline evacuations made possible by courageous medics and vehicles to the specialized equipment that supports long-term rehabilitation. The patient journey is long and complex. People across borders, on the ground and abroad—each play a vital role.

[Watch the documentary here!](#)



With you
anything is possible



How YOU can help

- ♥ **Institutional Donations:** Companies and organizations can provide vital resources such as medical supplies, food, technology, furniture and other goods, that can support hospitals, schools, orphanages, and emergency services in Ukraine.
- ♥ **Visibility & Awareness:** Media coverage, social media, SEO, public events, sponsorships, and influencer collaborations help amplify our impact.
- ♥ **Partnerships with Ukrainian Institutions:** We connect partners with trusted local organizations (hospitals, universities, schools, fire brigades) to ensure effective aid and long-term cooperation.
- ♥ **Financial Contributions:** Donations fund logistics, transportation, and urgent needs, enabling rapid and sustainable action.
- ♥ **Corporate Engagement:** Fundraisers, awareness campaigns, and employee-led initiatives strengthen CSR while supporting humanitarian aid.

Together, we create meaningful and lasting impact.

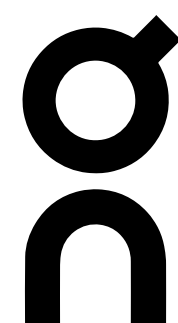
5 - Appendix

Our generous donors and partners include:

Hôpitaux Universitaires de Genève (HUG), Dilly socks, Hirslanden Zürich, Waidspital, Triemlispital, Impfzentrum Zug, Clinique de La Tour, Universitätsspital Zürich, Dr Andres Apotheke Stadelhofen, Felix Platter Spital Basel, Venenlinik Bellevue, Spitex, Bluu, Turm Kaffee, Benu Apotheke, Spital Zollikerberg, On, Centre Hospitalier Universitaire Vaudois (CHUV), Sensopro, Künzli, Kaufmännischer Verband Region Beide Basel, Weiterbildungszentrum Rorschach-Rheintal (WZR), Vindobova Foundation, the Georg Waechter Memorial Foundation, the Lundin family and many private donors.



BORN IN SWITZERLAND



Hôpitaux
Universitaires
Genève



Universität
Zürich ^{UZH}



Spital
Zollikerberg



In the Media

ZhdU at Bernhard Matinée

[Apple Podcast](#)

ZhdU meeting with the vice Minister of Health of Ukraine

[Le Temps](#)

Volunteers deliver medical equipment to two Mykolaiv hospitals

[Suspilne - Mykolaiv](#)

"Attacking a hospital that treats children who are victims of war is of a cynicism that is difficult to accept."

[RTS Info](#)

L'association "Zurich aide l'Ukraine" pour soutenir le système de santé ukrainien

[RTS - Forum](#)

Forum des idées - L'aide suisse à l'Ukraine depuis Zurich

[RTS - Forum](#)

[med.pract. Matteï Batruch](#)

Co-President

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