

# Fit for Winter



Photo by  
Jeff J Mitchell

Life keeps on going in Ukraine with hundreds of babies being born daily. However, the consequences of war have led to a rise in premature births and complicated deliveries. These babies need special care, particularly in the challenging winter months, while their parents need heartwarming support and solidarity.



Premature babies can suffer from subcooling when the temperature is getting low. Together with Early Birds, a Ukrainian Association of Parents of Prematurely Born Children operating since 2016, Zuerich hilft der Ukraine ZhdU plans to provide warmth to these fragile “early birds”. With CHF 50, you can support a premature baby in Ukraine with warmers, baby sleeping bags and other essentials\*.

## 50 CHF FOR ONE SUPPORT BUNDLE

Each includes a warmer, a baby sleeping bag, newborn clothes, pampers, blankets, a therapy toy, and a guide for parents. Most of the items will be bought from Ukrainian suppliers to contribute to the local economy



For manual transfers:



Beneficiary: Zuerich hilft der Ukraine ZhdU  
IBAN: CH75 0070 0114 8067 5394 5  
Reference / personal note: “Bornfit”  
Address: Zurich, Switzerland

Learn more: [zuerichhilftderukraine.ch/projekte](https://zuerichhilftderukraine.ch/projekte)



ранні пташки



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